

PRICE LIST 2023

Beans

Traditional Baked Beans	227 g	2.75
Traditional Baked Beans	454 g	4.50
Traditional Baked Beans	6 lb	25.00
Breakfast Beans	500 g	4.50
Breakfast Beans	5 kg	33.00
Vegetarian Beans	454 g	4.50
Maple Syrup Beans	750 ml	9.00

Sauce

Spaghetti Sauce	800 ml	9.95
Spaghetti Sauce	3 kg	29.95
Chili	800 ml	9.95
Chili	4.5 kg	44.50

Frozen Product - Individual Serving

Beef Bourguignon with Egg Noodles	365 g	10.95
Sweet & Sour Meatballs & Rice	365 g	9.95
Coquille St-Jacques	365 g	12.95
Salmon in Puff Pastry	325 g	10.95
Meat Lasagna	365 g	9.95
Vegetarian Lasagna	365 g	9.95
Meat & Cheese Macaroni	365 g	9.95
Shepherd's Pie	365 g	9.95
Chicken à la King with Egg Noodles	365 g	10.95
Meat Sauce Spaghettoni	365 g	9.95
Chicken, Vegetable & Rice Stir Fry	365 g	10.95

Frozen Product - 2 to 3 Servings

Beef Bourguignon	800 g	17.95
Sweet & Sour Meatballs	800 g	15.95
Meat Lasagna	800 g	15.95
Vegetarian Lasagna	800 g	15.95
Meat & Cheese Macaroni	800 g	15.95
Pig Roast in Gravy	800 g	18.95
Shepherd's Pie	800 g	15.95



Chicken Pot Pie	800 g	16.95
Chicken à la King	800 g	17.95
Meatballs & Gravy	800 g	15.95
Meat Sauce Spaghetti	800 g	14.95
Chicken, Vegetable & Rice Stir Fry	800 g	17.95

Frozen Product - Family Size

Beef Bourguignon	8 to 10 portions	52.95
Sweet & Sour Meatballs	8 to 10 portions	46.95
Meat Lasagna	8 to 10 portions	35.95
Vegetarian Lasagna	8 to 10 portions	35.95
Pig Roast in Gravy	8 to 10 portions	78.50
Shepherd's Pie	8 to 10 portions	35.95
Turkey Pie	8 to 10 portions	42.95
Chicken Pot Pie	8 to 10 portions	42.50
Chicken à la King	8 to 10 portions	46.95
Meatballs & Gravy	8 to 10 portions	46.95
Chicken, Vegetable & Rice Stir Fry	8 to 10 portions	49.95

Savoury Pies

Quiche Lorraine	5 inches	7.50
Quiche Lorraine	8 inches	10.00
Spinach & Old Cheddar Quiche	5 inches	8.50
Spinach & Old Cheddar Quiche	8 inches	11.00
Meat Pie	5 inches	7.50
Meat Pie	8 inches	10.95
Turkey Pie	5 inches	7.50
Turkey Pie	8 inches	10.95
Cinnamon & Clove Meat Pie	5 inches	7.50
Cinnamon & Clove Meat Pie	8 inches	10.95
Salmon Pie	8 inches	10.50

Dessert

Brownies	1 dz.	12.95
Date Squares	1 dz.	12.95
Carrot Cake	1 dz.	12.95
Chocolate Cheesecake	1 portion	5.95
Lemon Cheesecake	1 portion	5.95
Raspberry Cheesecake	1 portion	5.95
Chocolate Mousse	1 portion	3.95
Home Bakery	2 dz. min.	25.90
Sugar Pie	8 inches	7.95



5-Fruits Pie	8 inches	7.95
Strawberry Pie	8 inches	7.95
Raspberry Pie	8 inches	7.95
Apple Pie	8 inches	7.95
Splenda Apple Pie	8 inches	7.95
Raisin Pie	8 inches	7.95

Soups

Vegetable Soup	900 ml	8.50
Chicken Noodle Soup	900 ml	8.50
Pea Soup	900 ml	10.50
Onion Soup	900 ml	10.50
Shrimp & Coconut Milk Soup	900 ml	14.50
Wild Mushroom Soup	900 ml	13.95
Potato & Leek Soup	900 ml	11.50
Maple Carrot Soup	900 ml	11.50

Marinades From Constantin Sugar Shack

Beets	450 ml	7.50
Sweet Pickles	450 ml	7.50
Sour Pickles	450 ml	7.50
Dill Pickles	750 ml	8.95
Strawberry Jam	250 ml	7.50
Fruit Ketchup	450 ml	7.50
Green Ketchup	450 ml	7.50
Cranberry Sauce	250 ml	7.95
Tomato Salsa	375 ml	7.50

Sandwich & Salad*

*Order 48 hours in advance

Ham Sandwich Uncut	9 sand.	22.00
Egg Sandwich Uncut	9 sand.	22.00
Pork Sandwich Uncut	9 sand.	22.00
Chicken Sandwich Uncut	9 sand.	23.00
Ham Sandwich Cut	9 sand.	25.00
Egg Sandwich Cut	9 sand.	25.00
Pork Sandwich Cut	9 sand.	25.00
Chicken Sandwich Cut	9 sand.	26.00
Coleslaw	2 lb	12.00
Macaroni Salad	2 lb	12.00
Potato Salad	2 lb	12.00
Orzo Salad	2 lb	14.00
Fusilli Salad	2 lb	14.00



Broccoli Salad	2 lb	16.00
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Trays

Vegetable Tray	15 servings	28.50
Vegetable Tray	25 servings	43.95
Vegetable Tray	45 servings	62.50
Cheese Tray	15 servings	36.25
Cheese Tray	25 servings	70.50
Cheese Tray	45 servings	105.50

Local Products

Creton - L'Original Packing	330 g	5.50
Ham - L'Original Packing	900 g	13.50
Breakfast Sausages - L'Original Packing	12 saucisses	5.25
Duck Leg Confit - Mariposa Farm	180 g	9.25
Fresh Eggs - Ferme Avicole Laviolette	30 eggs	8.99
Maple Syrup - La Cabane des gars	250 ml	7.50
Maple Syrup - La Cabane des gars	500 ml	8.95
Maple Butter - Ferme St-Malo	300 g	9.95
Maple Butter - Ferme St-Malo	500 g	12.95
Honey	500 g	9.50
Honey	1 kg	14.00
Pickled Eggs	750 ml	6.95
Vegan Spaghetti Sauce - Kyan cuisine	750 ml	12.95
Vegan Chili - Kyan cuisine	750 ml	12.95

Various Product

BBQ Ribs	4 half racks	55.00
Gratin Dauphinois	10	27.00
Lemon Meringue Pie	10 inches	15.95

